Si View Pool

This material is available in alternate formats.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 - 7:30 am	Lap Swim					
7:30 - 8:30 am	Water Robics	Pool Maintenance	Water Robics	Pool Maintenance	Water Robics	
8:30 - 9:30 am	Pool Maintenance					
9:30 - 11:30 am	Lessons Monday through Friday			10 - 11 am Lessons		
11:30 - 12:30 pm	Public Swim \$1.85			11 - Noon Lap Swim		
12:30 - 1:30 pm	Lap Swim			Noon - 1 pm Public Swim \$1.85		
1:30 - 2:30 pm	Senior Exercise	Lessons T/Th	Senior Exercise	Lessons T/Th	75¢ Swim	1 - 2 pm Public Swim \$1.85
2:30 - 4 pm	Public Swim \$1.85			2:30 - 6:30 pm		
4 - 5 pm	5 - 6 pm Private Lessons Family Swim \$1.85		Pool Rentals Available			
5 - 7 pm	Lessons M/W	Lesson T/Th	Lessons M/W	Lessons T/Th	6 - 7 pm Family Swim \$1.85	
7 - 8 pm	75¢ Swim Public Swim \$1.85		SUNDAY 1 - 4 pm			
8 - 9 pm	Lap Swim	Water Robics	Lap Swim	Water Robics		Pool Rentals Available

- Children under 6 years of age must be accompanied by an adult in the water at all times.
- Family Swims require an adult in the water directly supervising all children under 18 years of age.
- Programs may be changed, combined, or share the pool to assure maximum convenience and pool usuage.



400 SE Orchard Drive P. O. Box 864 North Bend, WA 98045 Phone: 425-888-1447 Relay: 1-800-833-6388

www.metrokc.gov/parks

Si View Pool

Summer Schedule June 25 - August 31, 2001 *Closing July 4 at 1:30 pm Closed Sept 1 - 3 for Labor Day

SUMMER SWIM LESSONS

Mornings

Evenings M/W or T/Th

Jul 2 - Jul 13 Jul 16 - Jul 27 Jul 30 - Aug 10 Aug 13 - Aug 24

Jul 2 - Jul 26* Jul 30 - Aug 23

Registration begins up to three months before the start of the class. See Registration Policy.

WATER EXERCISE CLASSES

Both gentle and aerobic classes are available. All classes are done on a dropin basis requiring no registration. Discount cards are available.

Water Robics. High intensity aerobics.

Senior Exercise. Total range of motion.

RUNNERS/JOGGERS

Start and end your run at the pool. Shower afterwards for \$1.85.

COMPETITIVE SWIMMING

Snoqualmie Valley Aquatics has limited space available for more members to swim competitively year around. For more information, visit the pool during practice.

POOL PARTIES

Si View Pool is available during selected hours on Saturdays and Sundays for private, guarded rentals.

RECREATIONAL SWIM SCHEDULE

All days, dates, and times are subject to change.

Lap Swimming

M - F	6 - 7:30 am	η
M - F	12:30 - 1:30 pm	٦
	11 - Noor	
M, W	8 - 9 pm	٦

Public Swimming

M - F, \$1.85	. 11:30 - 12:30 pm
M - F, \$1.85	2:30 - 4 pm
M, 75¢	7 - 8 pm
Tu - F, \$1.85	7 - 8 pm
Sa, \$1.85	Noon - 1 pm
Sa, \$1.85	1 - 2 pm

Family Swimming

F	5 - 6 pm
F	6 - 7 pm





Water Robics

M, W, F	7:30 - 8:30 am
T, Th	8 - 9 pm

Senior Exercise

M, W 1:30 - 2:30 pm